## MOST POPULAR AND ATTRACTIVE TOUR <KOREAN TRADITIONAL EXPERIENCE TOUR>

## E4. Experience of the Taekkyeon

Date & Time 09:00-13:00
Price \ 90,000 (Min.4)
Minimum required: 4pax
Itinerary Hotel -Korea House (Taekkyeon)-Hotel drop off
Conditions Admission, English-speaking guide, Motor coach

Taekkyeon (The art of kicking and tripping) together with Taekwondo is a wellknown traditional martial art in Korea. This method of self-defense includes numerous foot motions and fluid arm movements with the hands unclenched. Unlike other martial arts forms, there is no abrupt kicking or punching. There is more emphasis on low kicks and leg sweeps to make the opponent lose balance and knock him/her to the ground.

